

# L'Atelier Aesthetics

ELEVATE. REJUVENATE. NURTURE.





L'ATELIER *skin*

# L'ATELIER SKIN

Welcome to the L'atelier Skin Pod, your ultimate destination for rejuvenation and personalised skincare treatments. Within this tranquil sanctuary, our dedicated aestheticians Emma and Bronte work their magic, specializing in enhancing your skin's radiance through a variety of advanced procedures. From revitalizing peels to transformative microneedling, trust the L'atelier Skin Pod to bring out the best in your complexion. Step into this oasis of beauty and embark on a transformative journey towards a healthier, more vibrant you.



## IN-DEPTH SKIN CONSULTATION

Free 'Deep Cleanse' mini facial  
Visia imaging  
Detailed skin analysis  
Bespoke skincare advice

45 MINUTES

SENIOR AESTHETICIAN: £125

15% OFF FIRST TREATMENT

## L'ATELIER LIGHT

*Purifying* - Near infrared & Purple light  
*Detoxifying* - Near infrared & Yellow light  
*Brightening* - Near infrared & Green light  
*Post procedure* - Near infrared, Blue & Green light  
*Calming* - Near infrared, Blue & Green light  
*Anti-aging* - Near infrared & Red light

20 MINUTES £50

£20 PER EXTRA 10 MINS



# L'ATELIER PEELS

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## RADIANCE PEEL

*Pores, skin prep, oil control, skin tone, very superficial wrinkles, dullness*

Ideal for: Red carpet, pre-wedding season, party season, selfie perfection, skin health, skin maintenance.

Preparation time: None | Treatment time: 30 minutes | Sensation: +  
Depth of peel: Superficial | Peeling: None

Includes: Alumier<sup>MD</sup> post-procedure prescription kit

FACE £145  
NECK & DECOLLETAGE £145  
HANDS £145  
HALF BACK £145  
FULL BACK £195

## GLOW PEEL

*Pores, oil control, skin tone, pigmentation, superficial wrinkles, ageing, superficial acne scars, keratosis, acne, sun damage, rosacea*

Ideal for: Skin health maintenance, preparing for a special event in advance, improving skin conditions such as acne, rosacea, pigmentation and sun damage, end of season refresher.

Preparation: 2 weeks | Treatment time: 30 minutes | Sensation: ++  
Depth of peel: Superficial | Peeling: Possible slight skin flaking up to 7 days

FACE £195  
NECK & DECOLLETAGE £195  
HANDS £195  
HALF BACK £195  
FULL BACK £245



## GLOW PEEL PLUS

*Pores, oil control, skin tone, pigmentation, acne, medium depth wrinkles, ageing, superficial acne scars, keratosis, sun damage, rosacea, medical grade*

Ideal for: Turning back the years, improvement in advanced pigmentation, sun damage and acne.

Preparation: 2 weeks | Treatment time: 30 minutes | Sensation: +++  
Depth of peel: Almost medium | Peeling: Skin flaking up to 7 days

FACE £215  
NECK & DECOLLETAGE £215  
HANDS £215  
HALF BACK £215  
FULL BACK £275



## THE PERFECT PEEL

*Skin tone, skin texture, sun damage, pigmentation, superficial wrinkles,  
acne, moderate acne scars and skin tone*

Ideal for: Combating ageing, improving acne scars, significant rejuvenation,  
improving pigmentation and skin tone.

Preparation: None | Treatment time: 15 minutes  
Sensation: ++++ | Peeling: Peeling for up to 2 weeks  
Included: The Perfect Peel aftercare products

FACE £420  
NECK & DECOLLETAGE £420  
HANDS £420  
HALF BACK £420

## DERMAMELAN PIGMENTATION PROGRAMME

*Pigmentation, melasma, sun damage, sun spots, post inflammatory  
hyperpigmentation, uneven skin tone*

Ideal for: Preventing new pigmentation from forming and  
correcting existing pigmentation.

Preparation: 2 weeks | Treatment time: 4 months  
Sensation: +++++ | Peeling: Skin flaking up to 1 month

Included: Pre-peel skin preparation, in-clinic Dermamelan mask,  
post-peel products, follow up consultations & Visia skin scans

£1800

# L'ATELIER

## MICRO-NEEDLING

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### MICRO-NEEDLING:

*This advanced therapy uses a precision-engineered electronic medical device to stimulate the skin's natural production of collagen and fibroblast activity by producing thousands of micro-needle columns in the skin.*

Ideal for: Softening fine lines and wrinkles, reducing the appearance of acne scars and stretch marks, evening out skin tone and pigmentation, and minimising open pores.

Anaesthesia: Numbing cream

Treatment time: 30 minutes

Downtime: Redness for 12-48 hours

Results expected in: 1-2 weeks

Frequency: Monthly or greater

1 AREA: £350

2 AREAS: £450

3 AREAS: £550

### VAMPIRE FACIAL:

*The Vampire Facial harnesses the healing powers of the growth factors contained within your blood's platelet-rich plasma (PRP). It combines with micro-needling to stimulate extensive collagen production, internal rejuvenation, and skin repair.*

Ideal for: Ultimate skin rejuvenation, reducing the appearance of dark circles, reintroducing a glow to tired skin, improvement in skin texture and tone, reducing fine lines, softening acne scars and stretch marks, treating hyperpigmentation, and minimising open pores.

Anaesthesia: Numbing cream

Treatment time: 30 minutes

Downtime: Redness for 12-48 hours

Results expected in 1-2 weeks

Frequency: Monthly or greater

Results last: from 6 months - permanent

FACE: £550

FACE & NECK: £750

FACE, NECK & DÉCOLLETAGE: £950

A course of treatments is recommended for optimum results.

## THERMAVEIN:

Thermavein uses a process known as thermocoagulation which seals the thread vein causing them to disappear. Thermavein can be used in combination with sclerotherapy on the legs and can be used effectively on its own on the face to treat red spots and a variety of vascular blemishes.

*Ideal for improving redness in cheeks and chin caused by rosacea, removing thread veins all over the face and body.*

Anaesthesia: None

Treatment time: Dependant on the size of the area\*

Downtime: Redness for up to 48 hours on the face and 3 weeks on the legs

Results expected in: Up to 6 weeks, repeat treatments may be necessary

Frequency: Every 4-6 weeks until gone | Results: Permanent





## MORPHEUS8 TREATMENT

Morpheus8 is a non-surgical cosmetic treatment that uses radiofrequency technology to rejuvenate and tighten the skin. The treatment involves using a handheld device to deliver radiofrequency energy to the deep layers of the skin, which stimulates collagen production and improves the overall texture and appearance of the skin.

The Morpheus8 treatment is effective for a range of skin concerns, including fine lines and wrinkles, acne scars, hyperpigmentation, and uneven skin tone. It can also be used to improve skin laxity and tighten sagging skin on the face, neck, and body.

Anaesthesia: Numbing cream  
Treatment time: 30 minutes  
Downtime: Redness for 12-48 hours  
Results expected in: 6-8 weeks  
Frequency: Monthly or greater

EYES OR JOWLS: £550  
JOWLS & NECK: £750  
FULL FACE, EYES & NECK: £950

Course of treatments recommended for optimum results.



## SOFWAVE TREATMENT:

Sofwave is a non-invasive skin rejuvenation treatment that uses ultrasound technology to stimulate the production of collagen and elastin, essential proteins for youthful-looking skin. The treatment is highly effective at tightening and lifting the skin, improving the appearance of fine lines, wrinkles, and other signs of aging. It's a safe and customizable option that involves minimal downtime, with long-lasting results that can last for several months to a year or more. Overall, Sofwave is an excellent alternative to surgical procedures for individuals who want to achieve a more youthful, rejuvenated appearance.

SOFWAVE 1 AREA: £999  
SOFWAVE 2 AREAS: £1999  
SOFWAVE 3 AREAS: £2999





## SCULPT AND SHAPE TREATMENT:

Introducing Sculpt&Shape, our cutting-edge solution for skin tightening, lifting, and anti-cellulite treatments. Powered by RotateRF Technology, it ensures uniform heating and enhanced clinical results with increased lymphatic drainage – all achieved without downtime. This versatile platform, equipped with various tips, caters to diverse treatment needs.

COURSE OF 6 X TREATMENTS: FROM £1000

## COOLTECH:

Introducing CoolTech, a revolutionary non-invasive treatment for permanent fat reduction in the body. Utilizing cryolipolysis technology, it freezes fat cells through a controlled cooling system, leading to a reduction in the overall number of fat cells in the treated area. This method is safe, effective, and achieves outcomes comparable to liposuction without the need for surgery. CoolTech is a non-invasive solution with minimal downtime, offering the potential removal of up to 35% of fat cells in a specific area through just 1-3 treatments. Experience the benefits of a streamlined and effective approach to body contouring.

PRICE DEPENDENT ON AREA TREATED: FROM £650



# L'ATELIER INJECTABLES

Welcome to L'atelier Injectables, London's *premier destination for advanced aesthetic treatments*. Led by the expert hands of Dr. Brennan, this exclusive pod offers a range of transformative procedures including Botox and dermal fillers. With an *unwavering commitment to excellence*, Dr. Brennan combines artistry and expertise to deliver natural-looking results that enhance your unique beauty. Step into our world of aesthetic refinement and let L'atelier Injectables unlock your true potential.

# L'ATELIER INJECTABLES

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## DERMAL FILLERS:

Dermal fillers are a highly effective way of replacing lost volume and elasticity to give skin a plumper, more youthful look. They also soften lines and wrinkles while adding contour and shape.

*Ideal for (non-surgical facial rejuvenation, lip augmentation, non-surgical rhinoplasty, hand rejuvenation, correction of dark circles, softening of fine lines and wrinkles.*

Anaesthesia: Numbing cream and local anaesthetic injections (optional)  
Downtime: Potential bruising and swelling for up to 2 weeks  
Results expected in: Immediately | Results last: From 9-18 months

LIPS: ½ml £325 1ml £425

TEAR TROUGH: From £600

NON-SURGICAL RHINOPLASTY: From £600

DERMAL FILLER: £425 per/ml

HYALAYSE (DERMAL FILLER REMOVAL): £350 PER SYRINGE

## AQUALYX

Aqualyx is a popular non-surgical cosmetic treatment that involves injecting a solution directly into targeted areas of the body. The solution works by breaking down fat cells, which are then naturally eliminated by the body over time.

This makes it an effective treatment for areas such as the chin, stomach, hips, and thighs, resulting in a more contoured and toned appearance.

*Ideal for targeted fat reduction in areas of the body that are resistant to exercise and dieting.*

CHIN £550

OTHER PER AREA £650

## SKIN BOOSTERS:

Administered through a series of tiny injections, this treatment works to plump and hydrate skin, smoothing out roughness and evening out depressions.

*Ideal for improved skin smoothness, hydration and elasticity.*

Anaesthesia: Numbing cream (optional)

Treatment time: 15 minutes

Downtime: Redness for 1-2 hours

Results expected in: Immediately and improve in time

Frequency: 6-9 monthly

Results last: 6-9 months

**£450 PER SESSION**

## SKIN BOOSTERS: PROFHILO

Profhilo is a hyaluronic acid-based product for treating skin laxity. Not only does it improve skin hydration, but it remodels ageing and sagging skin by stimulating the production of 4 different types of collagen and elastin.

*Ideal for improving skin firmness and hydration, an improvement in skin elasticity, increased skin health and quality.*

Anaesthesia: None

Treatment time: 15 minutes

Downtime: Redness for 1-2 hours

Results expected in: Immediately and increased over time

Frequency: it's recommended to have one treatment 4 weeks after your first treatment then top ups every 6 months

**1 SESSION: £495**

**2 SESSIONS: £695**



## PLATELET-RICH PLASMA (PRP) AND PLATELET-RICH FIBRIN (PRF):

PRP and PRF harness the hidden healing power found within our own blood. Our blood contains many powerful compounds and nutrients, which have been used in other areas of medicine to promote healing. The therapy separates out the platelet-rich plasma to naturally stimulate tissue healing and new collagen production.

*Ideal for (ultimate skin rejuvenation, reducing the appearance of dark circles, reintroducing a glow to tired skin, improvement in skin texture and tone, reducing fine lines, reducing hair loss and stimulating new hair growth.*

Anaesthesia: Numbing cream (optional)

Treatment time: 30 minutes

Downtime: Redness for 1-2 hours and possible small bruising

Results expected in: 1-2 weeks

Frequency: Monthly or greater

Results last: From 6 months – permanent

£550 PER SESSION

## ANTI-WRINKLE INJECTIONS:

At L'atelier Aesthetics, we use wrinkle reduction to help our clients regain a more youthful look by smoothing away frown and forehead lines, relaxing laughter lines, treating crow's feet and lifting the eyebrow area. We also use this treatment to treat excessive sweating (hyperhidrosis), reduce migraines and treat jaw clenching and teeth grinding (bruxism).

*Ideal for anti-ageing, preventative ageing, youthfulness, smoothing skin.*

Anaesthesia: None

Treatment time: 10 minutes

Downtime: Redness for 1-2 hours and possible small bruising

Results expected in: 2 weeks

Frequency: 3-6 months

Results last: 3-6 months

1 AREA: £275

2 AREAS: £325

3 AREAS: £375

EXTRA AREA £100

HYPERHYDROSIS: £550

MASSETER: £450



## SILHOUETTE SOFT THREAD LIFT:

This cutting-edge, non-surgical procedure effectively mimics the results of a surgical facelift. We find it particularly valuable for defining face shape and adding lift and volume to the brow, mid face, jowl area and neck. Results can be enhanced even further by combining Silhouette Soft thread lift with dermal fillers.

*Ideal for defeating facial sagging, restoring your natural facial contours, lifting the jowls, improving neck drooping.*

Anaesthesia: Numbing cream 30 minutes & local anaesthetic injections

Treatment time: 1-2 hours

Downtime: Swelling/bruising for the first 48 hours, can last up to 2 weeks

Results expected in: 2 weeks | Frequency: Every 1-2 years

Results last: 12-18 months

FROM: £1800

## MICROSCLEROTHERAPY

Microsclerotherapy involves a small amount of sclerosing solution being injected into the thread veins using a very fine needle. The solution displaces the blood within the vein causing it to blanch. It also irritates the vein causing it to swell and close, thus stopping the blood re-entering it. Microsclerotherapy can only be used below the heart.

*Ideal for treating thread veins in the legs*

Anaesthesia: None

Treatment time: Dependant on the size of the area

Downtime: It can take 2-12 weeks for all the bruising to go away

Results expected in: Maximum effect in 12 weeks

Frequency: Up to 3 or more treatments before desired outcome is achieved

Results last: Permanent

INITIAL CONSULTATION & TREATMENT: £350

FOLLOW UP TREATMENT: £250

# MINOR SURGERY

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## CYST REMOVAL

Cyst removal treatment involves the removal of a cyst, which is a sac-like pocket of tissue that may be filled with fluid or pus, from the body through surgery. This procedure is typically recommended if the cyst is causing discomfort, is infected, or is located in a cosmetically undesirable area.

£450 PER LESION

## SKIN TAG OR SIMPLE MOLE REMOVAL

Skin tag and mole removal are cosmetic procedures that involve the removal of small, benign growths on the skin. While skin tags and moles are generally harmless, they may be removed for aesthetic reasons or if they are causing discomfort or irritation. These procedures can be performed using an excision so local anaesthetic is needed.

£450 PER LESION

## SCAR REVISION

A scar revision treatment is a procedure that involves removing the scar tissue and rejoining the healthy skin to minimize the appearance of scars caused by injury, surgery, or trauma. This type of scar revision is typically recommended for scars that are large, deep, or difficult to treat with non-surgical methods, and can be performed under local anesthesia in an outpatient setting.

£450 PER LESION

L'ATELIER  
*wellness*



# L'ATELIER WELLNESS

Welcome to the L'atelier Wellness Pod, where we prioritize your well-being. Indulge in rejuvenating treatments like Leigh's Elemis skin lymphatic drainage facials or a revitalizing IV infusion. *Experience the transformative power of our skilled practitioners* and discover a sanctuary dedicated to enhancing your overall wellness. Relax, recharge, and restore your vitality in the L'atelier Wellness Pod.



## L'ATELIER FACIAL:

This personalized 45-minute experience designed to embody the essence of our philosophy at L'atelier Aesthetics. As advocates for enhancing natural beauty through science-based methods, we believe in a '*less is more*' approach, steering clear of fads. The L'atelier Facial empowers our clients to tailor their treatment. This affordable option allows for regular indulgence, catering to those who may be exploring our services for the first time. The journey concludes with the application of nourishing serums and a rejuvenating facial mask, ensuring a bespoke experience that leaves your skin glowing.

*Choose your base facial and one additional enhancement, such as facial massage, lymphatic drainage using vacuum suction, superficial microneedling, or LED light therapy. The treatment is then followed by a mask, serums and SPF.*

*For more details, please refer to our 'L'atelier Facial' treatment brochure.*

PRICE: £95

# IV INFUSIONS

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## INTRAVITA IV REPLENISHMENT

*Lack of energy, fatigue, muscle spasms, post-illness*

Ideal for: IIV Replenishment is an effective way to boost energy levels, support immune function, and improve overall health. Some common ingredients in this treatment include vitamin C, B vitamins, magnesium, and amino acids. Each infusion is tailored to the needs of the patient.

Preparation time: None | Treatment time: 30 minutes

FROM £395









# MEET THE TEAM

Get to know the dedicated individuals behind the scenes at our skin clinic. Each member brings a unique blend of expertise, passion, and a commitment to enhancing your skincare journey. Get acquainted with the faces ensuring your experience is not just about treatments but a journey to radiant, healthy skin.



## EMMA APPLYBY

### *CEO and Senior Aesthetician*

Emma grew up in New Zealand where she studied health sciences at University in both Auckland and Christchurch and qualified with a bachelors degree in 2006. She then embarked on a successful career as a radiographer, working at specialist centres in New Zealand, Australia and the UK.

Relocating to London allowed Emma to embark on a new chapter of her working life. Her research at university had led to her become a passionate advocate for healthy lifestyle choices, and in particular the importance of skin health, she translated this passion into training and added vocational qualifications beauty therapy (NVQ level 3) and aesthetics to her health sciences degree.

At L'Atelier Aesthetics Emma leads our skin care programme development and is particularly skilled in skin peels, morpheus8 and Sofwave



## DR DUNCAN BRENNAND

### *Aesthetic Doctor*

Duncan is an Aesthetic Physician with a wealth of experience in cutting-edge as well as evidence-based techniques and treatments.

After many years of intensive study, Duncan was appointed as Consultant Interventional Radiologist at University College London Hospital in 2006. Today, he is an internationally- recognised expert in minimally-invasive, image-guided percutaneous interventions.

His interest in aesthetic medicine and surgery developed when he worked as part of the plastic surgery team at The Middlesex Hospital in 1999. As new and exciting aesthetic procedures were developed and introduced into clinical practice, it was clear that aesthetic medicine was the perfect fit for Duncan's expertise, experience and passion.

By learning from leading doctors and pioneering practitioners, Duncan has brought a fresh, radical approach to the ever-evolving area of aesthetic medicine. It's this approach that can be seen so clearly in L'Atelier today.



## BRONTE BELL

### *Aesthetician*

Driven by a deep love for skincare, Bronte possesses an unwavering fascination with the science of skin health, making her a valuable asset to our clinic. Her expertise shines, particularly in administering Morpheus8 and Micro-needling.



## MELISSA SONMEZ

### *Nurse*

Hailing from Australia, Mel, our skilled nurse, specializes in Sofwave treatments, providing expert care and support to enhance your skin's natural beauty.



## CHELSEA

### *Nurse*

A valuable member of our nursing team, Chelsea, joins us all the way from Perth. With a passion for skin tightening treatments, Chelsea contributes her expertise to help achieve the radiant and youthful look you desire.



## SARAH LIBBERTON

### *Medical Secretary*

Dedicated to keeping Dr. Brennan's schedule on point, Sarah, our efficient medical secretary, plays a crucial role in maintaining the smooth operation of our clinic.



## ELOISE BELL

### *Administration*

As the friendly face behind our scheduling and administration, Eloise, (who's actually Bronte's sister), ensures a seamless experience for our clients, making appointments a breeze.



## MADDIE

### *Front of House*

Welcoming you with warmth and a smile, Maddie, our Australian front-of-house representative, ensures that your visit to our clinic is not only effective but also a delightful experience from the moment you walk through the door.



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